

## Product Summary

NingXia Red® combines the extraordinary wolfberry superfruit with 100 percent pure essential oils in a powerful, whole-body nutrient infusion. The benefits of the legendary Ningxia wolfberry have been sought after for centuries, and ongoing research continues to yield exciting, new health-supporting properties. Enjoy its naturally delicious flavor daily to sustain energy and to replenish key nutrients for long-lasting health and wellness support.\*

NingXia Red's essential oil blend is made up of orange, yuzu, lemon, and tangerine. Strategically chosen for their health-supporting benefits and flavor profiles, these oils are 93 percent d-limonene—a powerful antioxidant and marker for bioactivity and contain the flavone tangeritin. Together this blend adds premium, natural flavoring and helps maintain the body's normal cellular function\*.

The wolfberries (*Lycium barbarum*) sourced for NingXia Red hail from the Ningxia province in northern China. This superfruit has one of the highest percentages of fiber of any whole food and contains zeaxanthin—a carotenoid important to maintaining healthy vision. It also contains polysaccharides, amino acids, and symbiotic vitamin-mineral pairs that when present together promote optimum internal absorption. By using whole wolfberry puree—juice, peel, seeds, and fruit—Young Living is able to maintain more of the desired health-supporting benefits in every bottle of NingXia Red\*.

Highlighting the supporting fruits found in NingXia Red is a patented grape seed extract that contains polyphenolic compounds that may help support a healthy cardiovascular system\*. Additionally, blueberry, aronia, cherry, pomegranate, and plum juices introduce additional carotenoids and phytonutrients. These core building blocks supply your body with the resources it needs to maintain good health and overall wellness, allowing you to perform your best every day. NingXia Red is lightly sweetened by natural, calorie-free stevia extract.

NingXia Red replenishes key nutrients; delivers natural, low glycemic energy; and provides essential antioxidants to combat free radicals. Enjoy 2–4 ounces daily for long-lasting health and wellness.



## Supplement Facts

Serving Size: 1 fl. oz. (29.5 ml)  
Servings Per Container: About 25

Amount Per Serving	%DV
Calories	15 1%
Total Carbohydrates	3 g 1%
Dietary Fiber	<1 g <1%
Sugars	2 g **
Sodium	14 mg <1%
Proprietary NingXia Red® Blend:	29 g **
Whole Ningxia wolfberry ( <i>Lycium barbarum</i> ) puree	
Blueberry ( <i>Vaccinium corymbosum</i> ) juice from concentrate	
Plum ( <i>Prunus domestica</i> ) juice from concentrate	
Cherry ( <i>Prunus avium</i> ) juice from concentrate	
Aronia ( <i>Aronia melanocarpa</i> ) juice from concentrate	
Pomegranate ( <i>Punica granatum</i> ) juice from concentrate	
Proprietary Essential Blend:	50 mg **
Grape ( <i>Vitis vinifera</i> ) seed extract†	
Orange ( <i>Citrus sinensis</i> ) <sup>1</sup> rind oil	
Yuzu ( <i>Citrus junos</i> ) <sup>1</sup> rind oil	
Lemon ( <i>Citrus limon</i> ) <sup>1</sup> rind oil	
Tangerine ( <i>Citrus reticulata</i> ) <sup>1</sup> rind oil	

\* Percent Daily Value (DV) is based on a 2,000 calorie diet.  
\*\*Daily Value (DV) not established.

**Other Ingredients:** Water, tartaric acid, natural blueberry flavor, pure vanilla extract, malic acid, pectin, sodium benzoate/potassium sorbate (to maintain freshness), natural stevia extract

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Primary Benefits

- Supports normal cellular function\*
- Supports good health and overall wellness\*
- Supports normal immune response\*
- Helps maintain normal eye health\*
- Provides d-limonene, a powerful antioxidant
- Supports healthy weight management when combined with a healthy diet and physical activity\*

## Who Should Use NingXia Red?

- Individuals looking to combat the free radicals encountered daily through antioxidant support\*
- Individuals looking to support a healthy cardiovascular system\*
- Individuals looking to support healthy eye sight\*
- Individuals looking for lasting energy in the form of low glycemic calories\*
- Individuals looking to support a healthy immune system\*
- Individuals looking to support healthy joints and muscles\*

## Suggested Use

- Drink 1–2 fluid ounces 2 times daily. Best served chilled. Shake well before using and refrigerate after opening.

## Cautions

- Keep out of reach of children.
- If you are pregnant, nursing, taking medication, or have a medical condition, consult a health professional prior to use.

## Complementary Products

- OmegaGize<sup>3</sup>™
- Life 5™
- Core Supplements™
- Slique™ Kit
- Your favorite essential oil, such as lime, peppermint, grapefruit, frankincense, tangerine, or oco tea

## Did You Know?

- NingXia Red is now Halal and Kosher approved.
- NingXia Red delivers antioxidant synergy from orange, yuzu, lemon, and tangerine essential oils, known for their rich and powerful antioxidant d-limonene.
- The citrus essential oils found in NingXia Red have a vibrant aroma that uplifts the spirit while calming the body.\*
- Natural stevia extract—a non-caloric sweetener—and wolfberry polysaccharides support proper cellular communication without spiking blood sugar.\*
- NingXia Red does not contain processed high-fructose sweeteners.
- In a blind taste test measuring appearance, flavor, aftertaste, mouth feel, and overall acceptability, NingXia Red was preferred 77 percent when compared to like beverages.
- NingXia Red contains blueberry, cherry, aronia, pomegranate, and plum fruit juices, which are hand selected for their bioactive phytonutrients and ability to support cascading energy.\*
- The recommended consumption of 2–4 ounces of NingXia Red 2 times daily is based on current whole wolfberry research.

## Product Information

NingXia Red (2 pack)—Item No. 3042

NingXia Red (4 pack)—Item No. 3044

NingXia Red (6 pack)—Item No. 3045

NingXia Red (8 pack)—Item No. 3046

NingXia Red Singles (30 pack)—Item No. 3525

NingXia Red Singles (60 pack)—Item No. 3526

NingXia Red Singles (90 pack)—Item No. 3523

NingXia Red Combo (bottle 2 pack, single 30 pack)—Item No. 3523

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